



MICROPIGMENTATION AFTER-CARE INFORMATION

The success of your procedure is heavily weighted on the aftercare instructions outlined below. It is essential that you follow these instructions carefully to ensure the best results and reduce the risk of complications.

You may experience the following after procedure:

- Darkening of pigment
- Tenderness, swelling and redness
- Flaking, dryness and itchiness in the treated area

REMEMBER the colour is up to 30% darker straight after the eyebrows treatment and up to 50% darker straight after lip blush treatment.

DO NOT PANIC - It will fade after 4-10 days and the true colour will not come through until up to 4-6 weeks after the initial treatment, or 10-12 weeks if melanin-rich lips have been treated.

PERMANENT MAKEUP AFTERCARE FOR THE NEXT 10-14 DAYS

For the first 48 hours following your procedure gently blot the area every 1-2 hours with a slightly damp cotton bud to absorb excess lymph fluid, then apply the supplied aftercare balm only. Removing this fluid prevents hardening of the lymph.

48 hours after the procedure, apply only the aftercare balm supplied. This must be applied 3 times a day following brow treatment. If your skin is excessively oily, then only apply once. This should be applied in a very thin layer. For lip blush treatments, maintain a constant application of supplied balm.

- Wash your hands before applying the product and prevent cross-contamination of the product by not placing the used cotton bud back into the balm.
- You must not wet your brows/lips for at least 7 days, or longer, until the area appears fully healed with no scabs or unhealed skin remaining. If the area does get wet, pat dry very gently with a clean towel or tissue.
- It is recommended you use a gentle facial cleanser during the first week after procedure. Do not splash your face with water during this time.
- After a few days, the treated area will begin to flake/scab as part of the healing procedure. You must avoid unnecessary touching, scratching, or picking of the treated area. Allow the wounds to scabs/flake and fall away on their own. Premature loss of scabs can cause loss of pigment, scarring and infection.
- **DO NOT** apply make up or any other products near or on the treated area for at least 7 days, or longer, or until the area appears healed.
- Avoid sleeping on your face for at least 7 days, or longer, until the area appears healed.
- Avoid heavy sweating and long hot showers for at least 7 days, or longer until the area appears healed and free of scabs.
- **AVOID** hot sweaty work outs for 7 days.
- **DO NOT** get Botox treatment in this area for at least 3 weeks after treatment.
- **DO NOT** expose the healing skin to excess heat, cold or moisture for two weeks following treatment. This includes direct sunlight, tanning beds, Jacuzzis, saunas, salt water, chlorinated pools etc, direct sunlight/chlorine can interact with pigments causing irritation and inflammation.
- **DO NOT** use any form of Retinoids (Retin-A, Tretinoin, Tazorac, Retinol) for at least 4 weeks.
- **DO NOT** have any facials, chemical peels, laser treatments for at least 4 weeks.
- **DO NOT** have any further micropigmentation treatments in the area for a minimum of 6 weeks.

ALSO INCLUDE THE FOLLOWING AFTER LIP BLUSH TREATMENT:

- **DO NOT** have any lip filler for a minimum of 6 weeks.
- **AVOID** eating spicy and salty foods and drink through a straw for at least 5 days.
- **AVOID** kissing for 5 days to prevent risk of infection.
- If you have ever suffered from cold sores (herpes simplex), you must continue to use anti-viral medication for one week following procedure.

IMPORTANT INFORMATION

- Your skin needs to repair itself so the excess pigment particles that are sat on the surface dry up and form a crust along with skin cells (depending on the skin type some clients hardly notice the crust whilst others have a definite scab). This will come away gradually over the 7 to 10 days, sometimes a little longer. Sometimes it looks like hardly any pigment has held. **THIS IS NORMAL.** The skin has formed a milky opaque layer over the pigment as a protection to the newly regenerated skin cells. The colour **WILL** resurface over the following 4-6 weeks and so it is too early to worry or judge the results before the 4-6 weeks have passed. If melanin-rich lips have been treated, the true results will be seen at 10-12 weeks after session.
- Pigment is inserted very shallow into the skin, so it heals like a skin tint. It can **NEVER** be as dark, vibrant or give the same coverage as conventional makeup regardless of the pigment choice. Makeup gives a camouflage effect to the skin, pigment blends with the natural skin tone.
- To keep your cosmetic work in perfect condition it will be necessary to have maintenance procedures usually every 12-18 months, though this will vary for everyone.
- If you are planning an MRI scan, chemical peel, laser hair removal on your face or any other similar procedures, please inform your practitioner that you have had Micropigmentation..
- Once healed, to avoid pigment fade for as long as possible, avoid excessive exposure to UV rays this includes the use of sun beds, and use a good sunscreen daily or moisturiser with a minimum SPF 30+.

Please do not hesitate to contact us if you have any questions.

IF YOU NOTICE ANYTHING UNUSUAL, SUCH AS INCREASING REDNESS, SWELLING, WARMTH, DISCHARGE OR YOU FEEL UNWELL, EXPERIENCE WORSENING SYMPTOMS, OR ANY SIGNS OF ALLERGIC REACTION YOU MUST SEEK MEDICAL ATTENTION IMMEDIATELY.