



CARBON LASER PEEL PRE-TREATMENT INFORMATION

In order to have this treatment, it is essential that you understand and follow the pre-treatment information below.

- You must be at least 18 years of age to have this treatment – photo ID will be required. Failure to provide this will result in cancellation of the treatment and loss of booking fee.
- No UV exposure from sunbathing or sunbeds – wait 2 weeks before starting your treatment.
- No self-tanners 2 weeks prior to treatment this includes spray tans and tanning lotions. The skin must be clear of these products for treatment.
- Schedule your appointment at least 1 week before any sun exposure.
- Avoid treatments that may irritate the skin for 1-2 weeks prior to treatment (waxing, depilatories etc.).
- Avoid extreme heat like hot tubs, saunas, and steam rooms for 24-48 hours.
- History of herpes or cold sores may require an anti-viral prescription prior to treatment if treating in the area that breakouts occur.
- Laser treatments, chemical and skin peeling treatments must be a minimum of 14 days prior to treatment.
- You must not be using any retinols, acids, AHA's, glycolic acid, salicylic acid, benzoyl peroxide, strong exfoliants or bleaching creams for at least 14 days prior to treatment.
- Notify clinic with any changes to your health history or medications since your last appointment.

Please check the following list of contraindications of carbon laser peel treatment:

- Autoimmune disease,
- Blood borne viruses such as Hepatitis A, B, C, D, HIV,
- Epilepsy or seizures,
- Haemophilia, Von Willibrands Disease, Thrombocytopenia,
- Taking blood thinning medications such as Warfarin, Heparin, Clexane Or Dabigatran
- High doses of Aspirin, Ibuprofen, Diclofenac (NB Prophylactic slow release Aspirin at 75 mg day or less is acceptable),
- Prone to Keloid or very thick scarring,
- Autoimmune disorders,
- Photodynamic Therapy (PDT) for Cancer,
- Chemotherapy/Radiotherapy for Cancer, Leukaemia, Myeloma or Lymphoma,
- Currently Pregnant or breastfeeding,
- Photosensitive disorders (e.g. Porphyria etc.)
- Skin tumours,
- Active Cancer,
- Active Skin cancer,
- Steroid use,
- Current or recent use of Isotretinoin /Roaccutane (within last 6 months).
- Acute or Chronic Kidney Disease,
- Diabetes,
- Psoriasis, dark moles, tattoos, eczema, dermatitis, acne, rashes or open skin wounds in the immediate treatment area, or any area that has undergone aromatherapy and/or self-tanning product in the previous 14 days,
- Skin infection (e.g. cold sores, bacterial, viral, fungal).
- Individual has had laser or skin peeling treatment in the area to be treated within 14 days of treatment,
- Taking photosensitive medication (e.g. certain antibiotics, St. John's Wort, certain antidepressants etc.),
- Recent surgery.

This list is non inclusive of all the contraindications of carbon laser facial treatment. If you have any of the above, any other medical conditions, or taking any medications you must let us know before booking, so we can discuss your suitability for treatment.