



## MICROPIGMENTATION PRE-TREATMENT INFORMATION

### ***It is essential that you understand and follow the pre-treatment information:***

- Please make sure to bring photo ID to your appointment. You must be at least 18 years of age.
- No UV exposure for a minimum of 2 weeks before/after your appointment. Including direct sunlight and the use of sun-beds.
- No use of topical products for a minimum of 30 days before treatment: AHA's, aka Alpha Hydroxy Acids + Retinoids of any kind. This includes Retin-A, Tazorac, Tretinoin, Retinol and so on.
- No caffeine, alcohol, or energizing drinks 24 hours prior to your appointment.
- No blood thinning medications (with consent from your healthcare professional) such as aspirin, Coumadin, niacin, or ibuprofen at least 24 hours prior to appointment.
- Do not take any natural blood thinners such as, Fish Oil or Vitamin E one week prior to treatment.
- Avoid strenuous exercise for 24 hours prior to treatment.
- No Botox in the treatment area for a minimum of 3 weeks before treatment.
- No dermal filler in the treatment area for a minimum of 4 weeks before treatment.
- Stop using brow growth serums (e.g. RevitaBrow, Latisse) at least 4 weeks before.
- No chemical peels, dermabrasion, laser or any other intense treatments within 6 months before procedure.
- If you have a history of cold sores (herpes simplex) you are highly advised to obtain anti viral medication for use 1 week before and after the procedure, to lower the chances of a breakout. If an outbreak is experienced just before a scheduled session, this must be rearranged for after the outbreak has completely healed.

### **BROWS**

- Do not shape the brows for at least 5 days before.
- Do not have brow lamination performed on brows for a minimum of 2 weeks before.
- If you have light eyebrows, you must tint them to desired shade at least 5 days before procedure
- Shower and fix your hair as you need to take extra care following the procedure, not to get your brows wet for several days.

### **LIP BLUSH**

Keep your lips well hydrated with a good lip balm and high water intake for at least a week before treatment. Pigment will not be implanted successfully in dry lips and failure to keep them moisturised may lead to appointment cancellation. For 2-3 days before procedure, gently exfoliate your lips twice a day. A good natural option is sugar mixed with honey.

### **Please check the following list of contraindications of micropigmentation treatment:**

- Previous cosmetic tattoo work in the area. This must be disclosed before making a booking as pre-approval is required. Failure to inform us before booking could result in the loss of booking fee,
- Skin conditions (eczema, shingles, acne, vitiligo, or psoriasis near the treated area),
- Pregnant, planning pregnancy or breast feeding,
- Taking roaccutane (Isotretinoin) or Steroids, currently or within the last 6 months,
- Currently taking anti-biotics,
- Autoimmune disease/disorder (e.g. Lupus)
- Taking blood thinners (e.g., warfarin, higher dosage aspirin),
- Blood disorders (e.g. haemophilia, Von Willebrand disease, anaemia, blood clotting disorders),
- Diabetes,
- Cold sores (herpes simplex),
- Poor wound healing,
- High/low blood pressure,
- Cancer (present or within last 12 months),
- Skin cancer (present or within last 12 months),
- Liver/Kidney disease,
- Infectious disease (e.g. impetigo, shingles, MRSA, etc.),
- Rashes, blisters, sores, wounds, or infections near treatment site,
- Thyroid hormone deficiency,
- You have Epilepsy and/or have suffered a seizure in the last 2 years,
- Any cancer treatment currently, or within the last 12 months (e.g. chemotherapy, radiotherapy),
- Keloid or hypertrophic scarring,
- Immunodeficiency (weakened immune system, chemotherapy, HIV, etc.),
- You have a G6PD deficiency,
- You have a pacemaker/heart conditions,
- Fainting/dizziness,
- Had an organ transplant,
- Neurological conditions (e.g. stroke, multiple sclerosis, Parkinson's, etc.),
- Viral infections and or diseases,
- Blood-borne viruses (e.g. HIV or Hepatitis A B C D, Tuberculosis),
- Surgery (within last 6 months).

***This list is non inclusive of all the contraindications permanent cosmetic tattooing treatment. If you have any of the above, or any other medical conditions, or medications, you must let us know before booking, so we can discuss your suitability for this treatment.***