

INSCRIBED Cosmetics

CARBON LASER PEEL AFTER-CARE INFORMATION

You must ensure you follow the aftercare instructions set out below.

After your treatment: Mild redness or warmth is normal, and usually subsides within a few hours. Skin may feel slightly tight or dry, this is temporary.

- For the first 48 hours after treatment, clean your skin gently (using a gentle, non-active cleanser) with warm water before applying a light moisturiser.
- Refrain from wearing makeup (if face area was treated), or perfumed products for at least 24 hours.
- Avoid direct sun exposure for at least 1 week after the treatment.
- Always use SPF 30+ sunscreen or above for at least 2 weeks, even when indoors.
- Avoid using any products that contain retinoids, glycolic acid, AHAs, or BHAs for 1 week after the treatment.
- Avoid excessive sweating for at least 24-48 hours.
- Avoid extreme heat like hot tubs, saunas, and steam rooms for at least 24-48 hours.
- No waxing, threading or other treatments on the area for at least 1 week.
- No chemical peels, micro needling, or laser treatments for at least 2 weeks.
- Use clean towels, bed sheets as well as pillowcase (if face was treated).
- Avoid touching, picking or scratching the treated area.

For best results, a course of treatments is usually recommended. Maintain regular sessions as advised by your practitioner.

**If you experience excessive redness, swelling, blistering, prolonged irritation or if any unexpected side effects occur you should seek medical attention.
You must inform your practitioner of any adverse reactions.**

PLEASE DO NOT HESITATE TO CONTACT US IF YOU HAVE ANY QUESTIONS.